





Hooks & Captions

1. Use the "Stop Scrolling" Hook

Start your Reels with phrases like "Stop scrolling if you're..." to instantly grab attention.

2. Use the Hook Formula

Examples: "3 mistakes you're making..." or "Nobody talks about this Instagram trick..."

3. Use "You" in Every Caption

Speak directly to the viewer. "You need to stop doing this..." feels personal and gets attention.

4. Add Fake Deadlines

Use urgency: "Only works in June 2025" or "Try this before it's banned."

5. Use List-Based Captions

"3 mistakes", "5 tools", "7 signs you're doing it wrong" — always perform well.





Reels & Content Format

- 6. Use Trending Audio Before It Peaks
 Check Reels audio marked as "<500 uses" and use it fast for early virality.
- 7. Make Reels with Text Only (No Face)
 Quote-style or storytelling Reels using just text and music great for shy creators.
- 8. Create "Expectation vs Reality" Reels Simple side-by-side comparison Reels always work in relatable niches.
- 9. Show Results Before Tutorial
 Start with a result (views, money,
 followers) then show how it was done.
- 10. Film the Same Reel in 3 Styles Post the same script in selfie cam, voiceover + B-roll, and text-only format.





Carousels & Static Posts

- 11. Turn Viral Tweets into Carousels
 Use tweet-style text + clean
 backgrounds for easy saves and shares.
- 12. Use 3 Fonts in Carousels
 Bold + serif + script creates scrollstopping hierarchy.
- 13. Use a Fake DM Format in Posts
 Mimic a chat UI for storytelling, replies, or mistakes.
- 14. Use the "Slide to Learn" Carousel
 Break a tip into 8–10 slides with a bold cover hook.
- 15. Pin Reels Strategically
 Pin 3 posts: your most viral, most educational, and most relatable.





Strategy & Timing

- 16. Go Hyper-Niche for 10 Days
 Narrow down to a micro-topic (e.g. Reels for fashion creators) for loyal followers.
- 17. Repost Your Best Reel After 30 Days Change caption + thumbnail — it can go viral again.
- 18. Use the "New Account" Trick
 Start a second page in same niche; new accounts often get a discovery boost.
- 19. Analyze Competitors Weekly
 Steal content formats, hook styles, or
 gaps that they missed.
- 20. Tell Micro-Stories

 Quick 20-second stories with a twist or lesson perform very well.

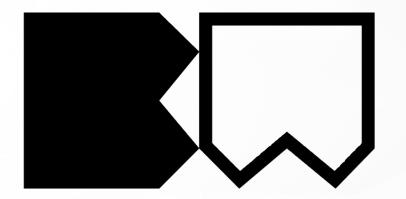




Engagement Boosters

- 21. Follow 10 Accounts in Your Niche/Day Comment meaningfully to get noticed by their audience.
- 22. Tell People What to Comment "Comment 'GROW' for the free checklist" boosts both comments and DMs.
- 23. Write Replies in Comments Section Add bonus value in your own comment to boost saves.
- 24. Shoutout Other Creators

 Mention or repost smaller creators for mutual shares.
- 25. Post Stories Daily (4–5 Minimum)
 Use polls, question stickers, and minitutorials to stay top-of-mind.



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